



The Zen of Waltz

Waltzing with Spirit Dance Weekend

Friday April 22 -- Sunday April 24

led by Richard Powers and Angela Amarillas from Stanford University
at the Split Tree Farm Studio

in the northwest Georgia mountains two hours north of Atlanta near Chattanooga

"As with past Waltz Weekends at Split Tree, we will combine the instruction of new waltz variations with concepts of sensitive dance partnering. The difference is that this time we will emphasize the experience of waltzing over showing off fancy steps. The waltz variations to be taught will be the ones which feel the best -- are the most fun to do -- and these will be supplemented by suggestions of ways to make the experience of dancing be richer for both yourself and your partner.



You may have come to past Split Tree Waltz Weekends for two reasons: to learn new waltz steps and variations, and to become a better partner and a better dancer. The first is in the realm of doing. The second is being. Both are important, but the second is a more sophisticated awareness on your part.



This waltz weekend will emphasize a balance of both doing and being, and may even have benefits beyond the dance floor as well. Why Zen of waltz? Because Zen is one of many traditions which encompass living mindfully in the moment. But there are others as well, so this weekend will also include contributions from many American and European traditions. Zen has no corner on living fully in the moment. This will be a time for creating new spaces inside traditional dance forms, and a time for creating new forms inside traditional dance spaces." R.Powers

Questions about the program? Email Powers at "vintage@stanford.edu." Web link: <http://dance.stanford.edu>

All weekend details are on the web page at <http://www.splittree.org/zenwaltz05.htm>.

No set schedule for this wknd. Program starts at 8 pm Friday; ends 1 pm Sunday.

Quick e-Registration: Go to the web page and complete the form below; copy & paste it into email to registrationzenwaltz@splittree.org. Pay electronically via PayPal with credit card at the Split Tree web store link. Email, snail mail or fax registration is allowed but the information below must be mailed with a check within seven days after registering to hold a space. Pre-registration is required and space is limited to 80 paying persons.

Send check payable to: Split Tree Farm/Zen of Waltz 05, 597 West Cove Road, Chickamauga, GA 30707. Fax: 770.216.1596.

Date: _____ Phone _____

Name (s) _____ Address _____

City _____ State _____ Zip Code _____

Email address _____ How did you learn of this weekend? _____

Paired with _____ (Must be paired to be confirmed; singles should register but must be balanced by gender or lead/follow to be confirmed; email registrationzenwaltz@splittree.org for status)

TUITION COST: \$65 before Feb 28; \$75 until Apr 8; \$85 after April 8; Split Tree supports educational opportunities and full-time student discounts of 20% are available for tuition only; some full tuition scholarships also are available to professional dancers and dance majors; these are in addition to work scholarships in the kitchen. Contact Sid at sid@splittree.org or Chef Harriet Bugel at zwfood@splittree.org.

___ dancers at \$65/75/85 (depending on payment date; see above) each = \$ _____

___ meal tickets at \$25 each = \$ _____

___ CDs: "live split tree recordings: the waltzes" [@] \$10 each = \$ _____

___ T-shirts of Richard Powers' Zen of Waltz Weekend with the flyer logo [@] \$15 each = \$ _____ Size: M ___ L ___ XL ___

___ House dorm-style single beds [@] \$20 per night per person = \$ _____ (limited number)

(these are in dorm rooms with access to any of 3 house baths/showers or 2 outside showers)

(new) # ___ Barn cabin w/full bath floor space for 6-8 [@] \$10 per night per person; showers in each cabin are for use by campers on an allocated basis by alphabetical listing.

Grand total: \$ _____. Credit refunds only after April 18.

Deadline for meal tickets is Wed, Apr 20. Single meal tickets price: \$5, Sat/Sun breakfasts; \$6, Sat/Sun lunches; and Saturday dinner is \$10. Individual dancing/workshops: \$10/hour if space available; Sat night ball, \$25/person. Call for reservations: Split Tree office at 706.539.2001. See web page for nearby lodging link.

Shelter plans: House/studio floor space _____ Barn space _____ (A mattress of wood shavings) Pasture tenting _____ Bed _____

(limited; \$20/person/night) Barn cabin w/shower-bath _____ (\$10/person/night) Motel/BnB _____ Other? _____ 2/12/05