

Shadow Figures in Rotary Waltz

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Shadow Position figures are also sometimes called Sweetheart or Varsouvienne position.

- Basic shadow in rotary waltz has the follower on the right side, lead on the left. Hands are comfortably near her shoulders, R hand in R hand, L in L. Waltz-walk straight fwd, not zigzagging.
- Texas Tommy entrance: He comfortably places her R hand behind her back while rotary waltzing and takes it with his R hand; when he is back in the "inside lane" he comfortably raises R hands to lead her in an underarm turn, then catches her free L hand coming through. She rotates; he stays in the inside lane.
- Simpler follow's underarm turn into shadow. He stays in the inside lane and leads her into an underarm turn. Make sure she is in the outside lane when she turns under.
- Entrance with CCW Reverse Waltz: He leads an Inside Turn on counts 4-5-6, placing her R hand into his R hand.
- Exit from Shadow: he leads her into a free CW spin on last half of the turn, when she's in the outside lane. A face loop is also possible but a bit tight or even claustrophobic for her.

Once in Shadow Position, you may:

- Slip from side to side. Both move over to the other side, with her passing in front.
- Follow's full CW underarm turn. Lead to her L hand, crossing that hand in front of her. Hands end up in front of her.
- Lead slips by in front of her. You may stay on that side for a while, with her R arm resting on his R shoulder.
- Mixmaster: Combine the two. However without a foot-fudge onto the same foot, it doesn't travel very well so do it in the center of the room or out of traffic.
- The same follow's CW underarm turn but end with collected hands low in front of her, like she's holding the reins of a horse.
- Then she sweeps across in front of him to the other side (inside of the hall).

- That can be the end, or immediately turn her CCW when on his left side. Hands end open and low in front of her.
- Sweep her back & turn her CW into the easiest: into just an open promenade walk, follow on his R side.
- Shadow Wheel: wheeling her forward around in front of him. This can turn CW or CCW depending on what side she is on, but she always continues traveling forward.
- The Walk-Around Wrap is a Cradle, not Shadow, but it's in the same family. He keeps his lead L hand in front of her as he walks CW around her, slipping to 2-hand position as he encircles her, ending in Cradle, both facing LOD.
- He can pass her from side to side in front of himself.
- Unwrap into Waltz Position.
- Unwrap into Shadow Position, changing hands immediately over her head, right at the beginning of the exit.
- All of those variations can be done without any foot-fudge, with him beginning L and her beginning R.
- They can be also be done with a foot fudge, with him taking 2 steps instead of 3 on counts 4-5-6 of a waltz, to begin R foot when she does. The following figures benefit from the foot fudge:
- Shadow Illusion Turn (Flip Turn): with slightly lowered hands, he passes in front of her toward the outside wall, then flips to opposite Shadow, with her at his L side. The footwork is traveling pivots (half-turn CW on each step).
- Illusion MixMaster: after a Flip Turn on 1-2-3, he leads her to pass in front of him on 4-5-6. Repeat.
- Shadow Fly-By (like Tandem Charleston passing turns): he raises R hands and rolls in front of her while facing her. So he turns but she doesn't. Repeat by raising R hands again and she passes in front of him.